

Scout Skills for Adults: #1 - Tenderfoot

If you had to leave your home during an emergency, camping out is a very good option. That is, if you know how.

As an adult, you probably look at Scouting as kid stuff. Here are some of the skills a Boy Scout must learn to reach the first rank in Scouting: Tenderfoot.

1. Dress yourself properly for going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.
2. Sleep at least one night on a campout. Sleep in a tent you have helped pitch.
3. On the campout, assist in preparing and cooking one meal.
4. Demonstrate how to whip and fuse the ends of a rope. Demonstrate how to tie two half hitches and the tautline hitch. Tell what their uses are.
5. Explain the rules of safe hiking on the highway, cross-country, during the day, and at night. Explain what to do when you are lost.
6. Demonstrate how to display, raise, lower, and fold the American Flag.
7. Explain why Scouting uses the buddy system.
8. Identify local poisonous plants. Tell how to treat for exposure to them.
9. Show First Aid for: Simple cuts and scratches, blisters on the hand and foot, minor burns or scalds (first-degree burns), bites or stings of insects and ticks, poisonous snakebite, nosebleed, frostbite, and sunburn.

Obviously these camping skills would be valuable for adults as well as for 6th Grade boys. The "Boy Scout Handbook" has details on how to do these things. If you're adult who doesn't know how to do them, learn how before an emergency.

For additional outdoor skills, see the Tips "**Scout Skills for Adults: #2 - Second Class**" and "**Scout Skills for Adults: #3 - First Class.**"