

## Free Basic Medical Info Downloads!



Hesperian Health Guides offers free, downloadable health info you will find invaluable in an emergency! SOURCE: <<http://hesperian.org/books-and-resources/>>. These 10 books are downloadable as PDFs in English, Spanish, and other languages:

- *Where There Is No Doctor*
- *Advance Chapters from the NEW Where There Is No Doctor*
- *Where There Is No Dentist*
- *Where Women Have No Doctor*
- *A Book for Midwives*
- *Helping Health Workers Learn*
- *A Community Guide to Environmental Health*
- *Helping Children Who Are Blind*
- *Helping Children Who Are Deaf*
- *A Health Handbook for Women with Disabilities*

These books are downloadable as PDFs in English only:

- *Disabled Village Children*
- *Advance Chapters from A Workers Guide to Health and Safety*
- *Environmental Health Booklets*
- *Women's Health Exchange*
- *Hesperian Flyers and Posters*

All of these books can be purchased in printed form from Hesperian Health Guides. I photographed my printed copy of "*Where There Is No Doctor*" for the illustration above. Hesperian says it is "the most widely-used health care manual for health workers, educators, and others involved in primary health care and health promotion around the world."

I bought the printed book because in a real emergency, I might not be able to have access to the Internet. This is more than a book on first aid!

If you download PDFs, print the sections you think you would need most in an emergency. Also, *please make a contribution to Hesperian Health Guides* so they can continue to provide this free service that might save your life!